

ENDURO RACERS!

STOP WEEDS IN YOUR TIRE TRACKS!



PUNCTURE VINE

Alias: Goathead.

Why It's Noxious: overuses resources + land;
injures people & pets;
punctures bicycle tires

Dispersion Method on shoe soles + clothing,
bike tires, fur, feathers, feet, paws



RUSSIAN THISTLE

Alias: Tumbleweed,

Why It's Noxious: outcompetes native
plants; causes car crashes; allergen; fire risk

Dispersion Method: in shoes + gear bag,
clothing; rollin' down the lonely desert
highway



SAHARA MUSTARD

Alias: African mustard

Why It's Noxious: smothers native vegetation;
overuses water; arthropod declines

Dispersion Method: shoe soles, vehicle tires, fur,
feathers, feet; along roadways

Give noxious weeds Running Shoes with these easy steps:

Check shoes & gear for hitchhiking seeds& plant debris often when visiting natural areas

Clean off the hitchhikers, bag them, & dispose of in a dumpster, not on the ground!

Stay on the trails! Humans are the #1 vector of exotic plant invasions

Learn to ID seasonal noxious weeds & help spread the word on prevention